

DCC Programming Schedule: June 2024 – Drop-in Services – Monday, Tuesday, and Friday: 9am-3:15pm; Wednesday: 10am -1pm; Thursday: 10am-3:15pm

Monday	Tuesday	Wednesday	Thursday	Friday
3 Move. Ground. Connect. 10:30-11:45am Western Herbal Medicine Clinic 12:15pm or 1:30pm *register	4	5 Community Arts 10am-12:30pm Every Step Counts 1-2:30pm	6 Every Step Counts 9-10:30am Move. Ground. Connect. 10:30-11:45am *Thursday session on pause after June 27 th Peer Connections 12-1pm Drop-In Chair Massage 1-3pm	7 Acupressure 9am & 10:30am *register
10 Move. Ground. Connect. 10:30-11:45am Western Herbal Medicine Clinic 12:15pm or 1:30pm *register	11	12 Community Arts 10am-12:30pm Every Step Counts 1-2:30pm	13 Every Step Counts: Cancelled Move. Ground. Connect.: Cancelled Peer Connections: Cancelled DCC Opens at 1pm Drop-In Chair Massage 1-3pm	14 Acupressure 9am & 10:30am *register
17 Move. Ground. Connect. 10:30-11:45am Western Herbal Medicine Clinic 12:15pm & 1:30pm *register	18 Summer BBQ More details coming soon!	19 Community Arts 10am-12:30pm Every Step Counts 1-2:30pm	20 Every Step Counts 9-10:30am Move. Ground. Connect. 10:30-11:45am *Thursday session on pause after June 27 th Peer Connections 12-1pm Drop-In Chair Massage 1-3pm	21 Acupressure 9am & 10:30am *register
24 Move. Ground. Connect. 10:30-11:45am Western Herbal Medicine Clinic 12:15pm or 1:30pm *register	25 Drop-in ID Clinic 1-3pm	26 Community Arts 10am-12:30pm Every Step Counts 1-2:30pm	27 Every Step Counts 9-10:30am Move. Ground. Connect. 10:30-11:45am *Thursday session on pause after June 27 th Peer Connections 12-1pm Drop-In Chair Massage 1-3pm	28 Acupressure 9am & 10:30am *register

*Programs are drop-in unless otherwise indicated. Please register by calling 250-383-0076, emailing dcc@coolaid.org, or dropping in 755 Pandora Avenue.