

<b>DCC Programming Schedule: March 2024 – Drop-in Services – Monday, Tuesday, Thursday, and Friday: 9:00am-3:15pm; Wednesday: 9:00am -1:00pm</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
				<b>1</b> <b>Acupressure</b> 9am & 10:30am *register <b>Board Games</b> 723 Yates Street 1-2:30pm
<b>4</b> <b>Move. Ground. Connect.</b> 10-11:15am <b>Western Herbal Medicine Clinic</b> 12:15pm or 1:30pm *register or walk-in	<b>5</b>	<b>6</b> <b>Community Arts</b> 10am-12:30pm	<b>7</b> <b>Move. Ground. Connect.</b> 10-11:15am <b>Peer Connections</b> 12-1pm <b>Every Step Counts</b> 1-2:30pm <b>Drop-In Chair Massage</b> 1-3pm	<b>8</b> <b>Acupressure</b> 9am & 10:30am *register <b>Every Step Counts</b> 10:30am-12pm <b>Board Games</b> 723 Yates Street 1-2:30pm
<b>11</b> <b>Move. Ground. Connect.</b> 10-11:15am <b>Western Herbal Medicine Clinic</b> 12:15pm & 1:30pm *register or walk-in	<b>12</b> <b>ACEH Building Community Event</b> 10:30am-2:00pm <i>For the Indigenous Street Community</i>	<b>13</b> <b>Hearing Clinic</b> *10:00-12:30 Appointments *1:00-3:00 Walk-ins	<b>14</b> <b>Move. Ground. Connect.</b> 10-11:15am <b>Peer Connections</b> 12-1pm <b>Every Step Counts</b> 1-2:30pm <b>Drop-In Chair Massage</b> 1-3pm	<b>15</b> <b>Acupressure</b> 9am & 10:30am *register <b>Every Step Counts</b> 10:30am-12pm <b>Board Games</b> 723 Yates Street 1-2:30pm
<b>18</b> <b>Move. Ground. Connect.</b> 10-11:15am <b>Western Herbal Medicine Clinic</b> 12:15pm & 1:30pm *register or walk-in	<b>19</b>	<b>20</b> <b>Community Arts</b> 10am-12:30pm	<b>21</b> <b>Peer Connections</b> 12-1pm <b>Every Step Counts</b> 1-2:30pm <b>Drop-In Chair Massage</b> 1-3pm	<b>22</b> <b>Acupressure</b> 9am & 10:30am *register <b>Every Step Counts</b> 10:30am-12pm <b>Board Games</b> 723 Yates Street 1-2:30pm
<b>25</b> <b>Western Herbal Medicine Clinic</b> 12:15pm & 1:30pm *register or walk-in	<b>26</b>	<b>27</b> <b>Community Arts</b> 10am-12:30pm	<b>28</b> <b>Peer Connections</b> 12-1pm <b>Every Step Counts</b> 1-2:30pm <b>Drop-In Chair Massage</b> 1-3:00pm	<b>29</b> <b>DCC Closed</b> for Statutory Holiday

\*Programs are drop-in unless otherwise indicated. Please register by calling 250-383-0076, emailing [dcc@coolaid.org](mailto:dcc@coolaid.org), or dropping in 755 Pandora Avenue.